



nextteams
the next step in team development

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The following itinerary briefly outlines the one-day *Introduction to Wilderness Skills* program with **GO-Adventures**.

Location: Button Farm (Seneca Creek State Park)
16820 Blackrock Road
Germantown, MD

Date: TBA

Time: 10am-3pm

Objectives: Instruction in basic wilderness survival and technical skills.

Technical Skills covered:

- finding a good campsite
- building and maintaining a fire for survival
- building and maintaining a shelter
- catching or purifying water
- orienteering with map and compass
- assembling a survival pack



Basic Itinerary: *(Times can be changed to meet the goals of your group..)*
10:00 am – Meet at Owens Creek Picnic Area and hike to wilderness setting
10:15 am – Search for shelters – building and maintaining
11:30 am – fire building – discuss types of fire and best wood
LUNCH
1:00 pm – Water – finding, catching and purifying
1:30 pm – Orienteering with Map and Compass
2:45 pm – Wrap up and break camp
3:00 pm – END

Terms of Service

GO-Adventures will provide equipment and guides for an *Introduction to Wilderness Skills* course.

Date: TBA – 10:00am – 3:00pm

Location: Button Farm, 16820 Black Rock Road, Germantown, MD 20874

Reservations: 50% deposit due to reserve your program date, with balance due on the day of the program.

Cancellation Policy: If making cancellation more than 14 days prior to the program date, full refund available. If making cancellation within 3 and 14 days of the program date, 50% of deposit will be forfeited. Cancellation within 72 hours of the program date will forfeit your entire deposit.

What to Bring:

All equipment and instruction will be provided by **GO-AdventureSports**. Participants are responsible for their own personal gear, and should bring the items on the list below.

It is very important that participants have these items in order to ensure a safe and comfortable day for everyone!

- ☐ Signed liability waiver and medical form
- ☐ Water
- ☐ Food that will not spoil
- ☐ Comfortable clothing that is appropriate for time of year (hat, jacket, shorts, etc.)
- ☐ Sturdy, close-toed shoes
- ☐ Rain gear
- ☐ Sunscreen
- ☐ Bug-repellent
- ☐ Small pack for your belongings

***Suggested Clothing:** polypropylene or other non-cotton long underwear, wool socks, boots with good traction and ankle support, an insulating layer such as wool or fleece, a shell layer (water resistant)

Please note that, **unless there is lightning, inclement weather will NOT discontinue activities- please come prepared!

The waiver must be complete and unedited, both front and back, prior to participation. If you have any further questions or concerns, please feel free to contact our office at (240) 603-4150.

Thank you,

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