



**nextteams**  
the next step in team development

10203 Carson Place  
Silver Spring, MD 20901  
(240) 603-4150  
[eriq@go-adventures.com](mailto:eriq@go-adventures.com)  
[www.go-adventures.com](http://www.go-adventures.com)

## Portable Team Challenges

*Portable Team Challenges* are a sequence of *games*, *initiatives*, and *trust activities* that can be set up in offices, classrooms, playing fields, etc. By participating in these challenging yet fun activities, groups focus on problem solving, leadership, communication, trust, and other facets of team development.

- *Deinhibitizers* are activities that serve as icebreakers - encouraging participants to relax, let down their guard, and remove some of the barriers that normally keep individuals from cooperating with one another. Deinhibitizers are the simplest form of team challenge.
- *Initiatives* are activities that require group members to identify a problem, make a plan for solving that problem, and initiate their plan. These challenges foster communication, commitment to the group, and leadership roles among the group members.
- *Trust Activities* require significant commitment and communication from members of the group. Many activities bring participants off the ground, calling for *spotters*, and other safety considerations. This additional risk often ranks *trust activities* among the most intense and powerful experiences in the *Portable Team Challenge*.



### **Sample Itinerary** (always tailored to fit your needs)

**10:00 am – small group introductions**  
**10:15 am – ice-breakers**  
**10:45 am – group initiatives – speed ball, group juggle, object retrieval, etc.**  
**12:00 pm – LUNCH**  
**12:45 pm – trust activities – minefield, mouse traps, etc.**  
**1:45 pm – FINAL CHALLENGE**  
**2:00 pm – END**

Between activities the group discusses how they are meeting their goals, improving communication skills, and developing teamwork. The activities we choose can be easily related back to “the real world” (work, family, friends, etc...). *People learn better when they are engaged in challenging activities.*

## **Terms of Service –**

**GO-Adventures** will provide facilitation and equipment for a *Portable Team Challenge*.

Date: TBA

Location: TBA

Reservations: 50% deposit due to reserve your program date, with balance due on the day of the program.

Cancellation Policy: If making cancellation more than 14 days prior to the program date, full refund available. If making cancellation within 3 and 14 days of the program date, \$300 of deposit will be forfeited. Cancellation within 72 hours of the program date will forfeit your 50% deposit.

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We require a 50% deposit to reserve your program date, and the final payment is due prior to the program. Should you require some other payment plan, please let me know prior to the program date.

Payment can be made via cash, check, money order, VISA, or MasterCard.

If making payment by check, please send to:

**GO-AdventureSports**  
10203 Carson Place  
Silver Spring, MD 20901

If you have any questions, please call (240) 603-4150 or e-mail: [eriq@go-adventures.com](mailto:eriq@go-adventures.com)

I look forward to hearing from you soon!

Eriq Powers

**GO-Adventures**

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[eriq@go-adventures.com](mailto:eriq@go-adventures.com)

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